



Coastal Podiatry Associates



APRIL

Foot Health Awareness Month

Foot Health Awareness Month

April is foot health awareness month, a time to highlight the importance of keeping your feet healthy at every stage of life. Many people don't realize that foot pain or problems can affect your overall health, balance, and mobility. This month is the perfect reminder to pay attention to your foot, whether it's checking for changes, wearing supportive shoes, or addressing nagging discomfort before it becomes serious.

Foot health is more than avoiding pain, it's about staying active, confident, and independent. Schedule a visit with us to learn how small daily habits and professional care can keep your feet healthy for years to come.

[Request an Appointment](#)

Podiatry Riddle of the Month:

Why did the foot go to the doctor? (Answer below!)



APRIL 2026

FOOT HEALTH AWARENESS MONTH

LEARN ABOUT WHY EARLY
DETECTION MATTERS.



Why Early Detection Matters

Our newest blog explains why recognizing early signs of foot and ankle problems can prevent more serious issues down the road. From subtle heel pain to changes in balance or circulation, addressing concerns early often leads to simpler treatment and better long term outcomes.

[Read More](#)



Recipes FOR ALL

Fuel Your Feet: Eat Well, Step Well

What you eat matters for your feet! Foods like salmon, leafy greens, berries, and nuts help keep bones strong, joints flexible, and inflammation down.

Want tasty ideas? Check out EatingWell's healthy recipes for meals that nourish your whole body, and your feet!

[EatingWell's Recipes](#)

We're here to help you keep your feet feeling their best.

Each doctor with Coastal Podiatry Associates specializes in state-of-the-art foot and ankle care and is Board-Certified by the American Board of Foot and Ankle Surgery. Together they have decades of combined experience and are trained in advanced surgical and nonsurgical podiatric solutions.

Their goal is to provide you with gentle, optimum quality foot care at affordable prices and to deliver their care in a compassionate and conservative manner.

Personalized treatment programs are developed to satisfy individual foot care needs.

We look forward to seeing you at any of our five convenient locations in Myrtle Beach, Conway, Little River, Surfside Beach, or International Drive.



MEET OUR DOCTORS



Dr. Scott Hamilton



Dr. Bradley Keefe



Dr. Richard Moore



Dr. Joseph Menn



Dr. William Parker



Dr. Scott Werter

 Coastal Podiatry
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Answer to This Month's Riddle:

It was feeling a little "toe-tally" off!