

# Coastal Podiatry Associates

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## **Scary Foot Problems You Shouldn't Ignore**

Not all foot problems are caused by bumps in the night; some of the scariest issues can sneak up slowly and get worse if untreated. Conditions like ingrown toenails, bunions, plantar fasciitis, and fungal infections may seem minor at first, but they can quickly turn painful and interfere with daily activities. Ignoring these warning signs could lead to infections, mobility problems, or the need for more complex treatments down the road.

This spooky season, don't let your feet haunt you with discomfort. If you notice persistent pain, swelling, discoloration, or changes in the shape of your feet and toes, it's time to schedule a visit with your podiatrist. Early treatment can prevent small problems from becoming big, truly frightening issues. Healthy feet are not just a treat, they're a necessity!

**[Request an appointment](#)**

**[843-449-3668](tel:843-449-3668)**

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## **Podiatry Riddle of the Month:**

What did the vampire say about his new orthotics? (Answer below)

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### **Fall Prevention Awareness Month**

Falls are one of the most common causes of injury in adults, but the good news is that many can be prevented. From the shoes you wear to how you care for your feet, small changes can make a big difference in staying safe and steady.

In our latest blog, we share tips for reducing your risk of falls this season, like choosing supportive footwear, making simple home adjustments, and knowing when to see a podiatrist. Read more and take the first step toward protecting your independence and confidence.

**[Fall Prevention blog continued](#)**

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### **Healthy Halloween Snack Recipes**

There's nothing wrong with enjoying some sweet Halloween candy, but it's also great to have some festive, healthy snacks when you don't want everything to be quite so indulgent.

[Explore the recipes!](#)

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## **We're here to help you keep your feet feeling their best.**

Each doctor with Coastal Podiatry Associates specializes in state-of-the-art foot and ankle care and is Board-Certified by the American Board of Foot and Ankle Surgery. Together, they have decades of combined experience and are trained in advanced surgical and nonsurgical podiatric solutions. Their goal is to provide you with gentle, optimum quality foot care at



affordable prices and to deliver their care in a compassionate and conservative manner.

Personalized treatment programs are developed to satisfy individual foot care needs.

**We look forward to seeing you at any of our five convenient locations in Myrtle Beach, Conway, Little River, Surfside Beach, or International Drive.**



## MEET OUR DOCTORS



Dr. Scott Hamilton



Dr. Bradley Keefer



Dr. Richard Moore



Dr. Joseph Menn



Dr. William Parker



Dr. Scott Werter



Coastal Podiatry  
Associates

843-449-3668

[www.coastalpodiatriy.com](http://www.coastalpodiatriy.com)

### **Answer to This Month's Riddle:**

"They really take a *bite* out of my foot pain!" ♂